



**Prática**  
HIGH SPEED OVENS

*Cook Book*

Copa Express

# Developer Screens

EDIT STEPS - SNACK: 1 SUB 15cm

1 <sup>st</sup>	100%	2 <sup>nd</sup>	50%	3 <sup>rd</sup>	90%
00:05	20%	00:20	60%	00:15	100%
40°C		80°C		20°C	

Air speed  
 Microwave level  
 Bottom power  
 Temperature

0 10 20 30 40 50 60 70 80 90 100

0 0 0

250°C GROUP1

00:00

0 10 20 30 40 50 60 70 80 90 100

40 0 0

250°C GROUP1

00:00

0 10 20 30 40 50 60 70 80 90 100

40 70 20

250°C GROUP1

00:00

Time

# User Screens

PLEASE WAIT,  
 PREHEATING OVEN

1min 30s

458°F CURRENT 536°F SCHEDULED

GROUPS - pag. 1 # CURRENT 410°F

BREAKFAST SANDWICH SUBS PIZZA BAKERY

MEAL FINISHING TEX-MEX CHICKEN WINGS GRATIN

SUBS 1 SUB 15cm

IN PROGRESS 1 min 33s

SUBS 1 SUB 15cm

READY!

HEAT/BROWN MORE BROWN MORE HEAT MORE REPEAT RECIPE



СараExpress






# *Breakfast and Coffee*





Ham, egg and cheese **sandwich** (refrigerated)






Settings:

1°	50% 
	30% 
00:40	30% 
	536°F 



*Veggie Egg Sandwich (refrigerated)*






Settings:

1°	50% 
	30% 
00:40	60% 
	536°F 



Sausage **Egg** (refrigerated)

Settings:

1°	50% 
	30% 
00:40	60% 
	536°F 



*Breakfast Wrap (refrigerated)*






Settings:

1°	40%	🔥
🕒	30%	🔥
00:50	40%	🔥
	536°F	🔥



*Hash Browns (Frozen)*

Settings:






1°	70% 
	40% 
02:30	100% 
	536°F 










**Muffins (refrigerated)**

Settings:

1°	40% 
	20% 
00:20	30% 
	536°F 








Settings:

1°	70% 
	20% 
01:30	100% 
	536°F 

**Omelette (fresh)**

**Toast**






Settings:

1°	80% 
	0% 
00:40	80% 
	536°F 








**Brioche Toast**

Settings:

1°	60% 
	10% 
00:40	70% 
	536°F 



Settings:

1°	70% 
	70% 
00:45	90% 
	536°F 






*Grilled Cheese (refrigerated)*

# Hotel Bar





Settings:






1°	50% 
	60% 
00:45	90% 
	536°F 

*Brioche Sandwich (refrigerated)*



**Bruschetta**

Settings:

1°	60% 
	30% 
00:45	100% 
	536°F 





Settings:






1°	70%	
	40%	
00:50	90%	
	536°F	

*Ciabatta Sandwich (refrigerated)*



*Mac and Cheese (refrigerated)*






Settings:

1°	90% 
	80% 
01:30	80% 
	536°F 










**Bagel Sandwich (refrigerated)**

Settings:

1°	10% 
	0% 
00:30	80% 
	536°F 








Settings:

1°	80% 	2°	70% 
	70% 		30% 
01:30	70% 	02:00	100% 
	536°F 		536°F 

**Vegetable Lasagna (frozen)**



Settings:






1°	70% 
	60% 
00:40	80% 
	536°F 

**Ham and Cheese Croissant (refrigerated)**



**Brownie (frozen)**

Settings:

1°	30% 
	60% 
00:45	60% 
	536°F 

# *Fast food and Snacks*





*Buffalo Wings (frozen pre cooked)*






Settings:

1°	60%	🔥
🕒	60%	🌬️
03:00	60%	📱
	536°F	🌡️










Settings:

1°	60% 
	80% 
00:40	70% 
	536°F 

**Empanada (frozen)**

Pretzel (frozen)






Settings:

1°	60%	
	60%	
00:40	70%	
	536°F	



**Quesadillas (refrigerated)**






Settings:

1°	70% 
	50% 
00:35	60% 
	536°F 








*Chilaquiles (refrigerated)*

Settings:

1°	70% 
	60% 
00:40	50% 
	536°F 








Settings:

1°	60% 
	50% 
03:30	70% 
	536°F 

**French Fries (frozen)**

*Par Baked Pizza (frozen)*

Settings:

1°	70%	
	60%	
01:50	100%	
	536°F	


















**Hamburger**  
(frozen pre cooked)

*Toast bread:*

*Warm bread:*

*Settings:*  
*Melt cheese:*

1°	0% 	1°	20% 	1°	50% 
	0% 		60% 		0% 
00:20	100% 	00:50	40% 	00:15	0% 
536°F 		536°F 		536°F 	



**Quiche (refrigerated)**

Settings:

1°	60%	🔥
🕒	80%	🔥
01:20	70%	📱
	536°F	🌡️



# *Convenience Stores*





Settings:






1°	10%	🔥
🕒	60%	🔥
00:35	80%	📱
	536°F	🌡️

**Hot dog (refrigerated)**



*Sub Sandwich (refrigerated)*






Settings:

1°	60% 
	40% 
00:30	70% 
	536°F 



Wrap (refrigerated)






Settings:

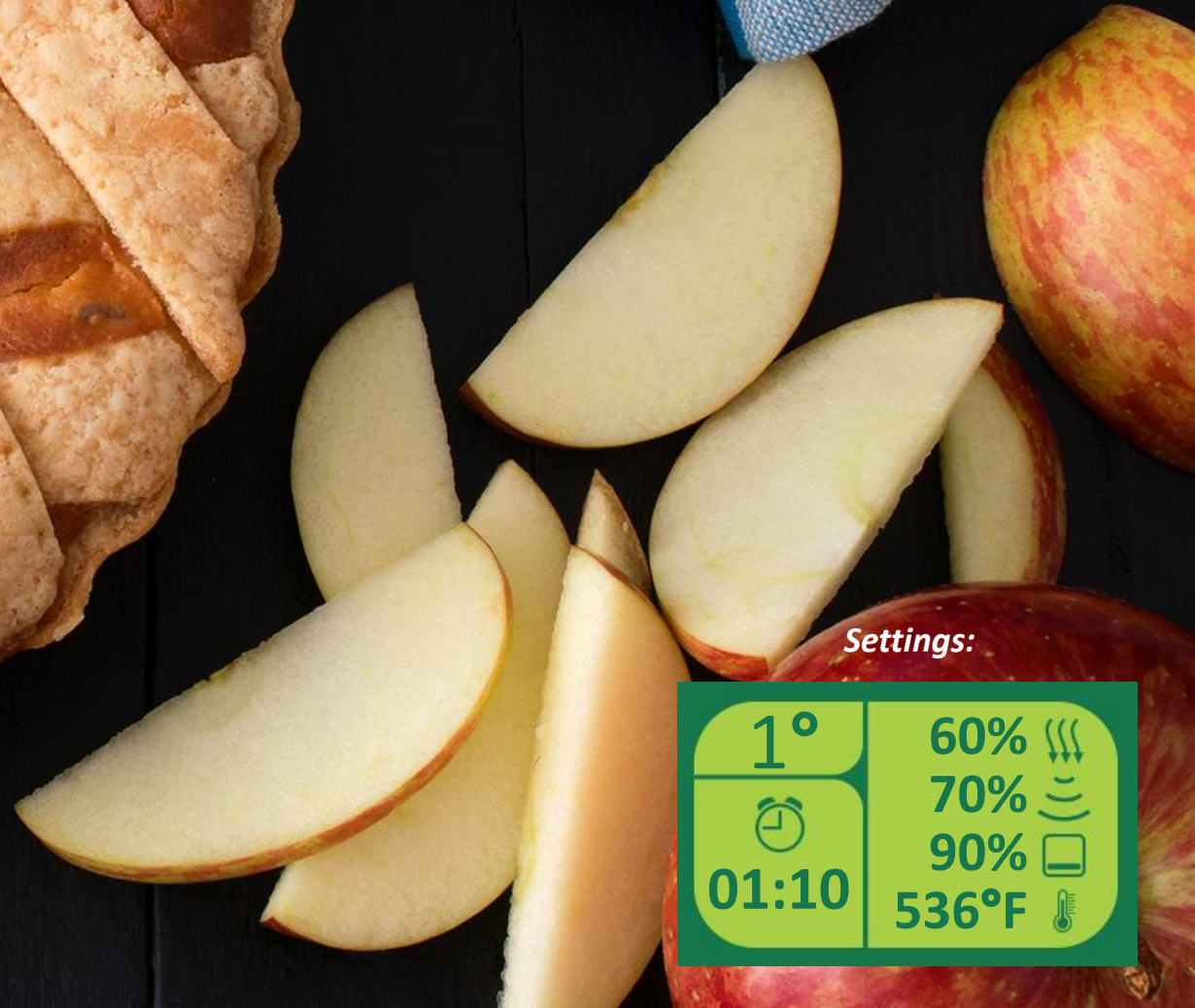
1°	90% 
	60% 
00:35	100% 
	536°F 



**Burrito (refrigerated)**

Settings:

1°	70% 
	80% 
00:40	60% 
	536°F 



*Pie (refrigerated)*






Settings:

1°	60%	
	70%	
01:10	90%	
	536°F	








*Personal Pizza (frozen)*

*Settings:*

1°	70% 
	60% 
01:50	100% 
	536°F 



Settings:

1°	10%	
	30%	
02:30	50%	
	536°F	






**Cinnamon Roll (refrigerated)**





**Croissant (frozen)**

Settings:

1°	30% 
	50% 
00:40	50% 
	536°F 






*Casual and Fine Dining*




















*Spinach and Cheese (refrigerated)*

Settings:

1°	80%	
	80%	
01:20	80%	
	536°F	



Settings:

1°	100% 	2°	30% 	3°	100% 
	0% 		60% 		0% 
01:40	100% 	04:30	100% 	01:00	100% 
536°F 		536°F 		536°F 	

**Roasted Pork**








**Grilled Vegetables (fresh)**

Settings:

1°	80%	🔥
🕒	50%	🔥
01:30	100%	🔥
	536°F	🔥

*Grilled Salmon (fresh)*






Settings:

1°	80% 
	50% 
01:30	100% 
	536°F 








*Chicken Tenders (frozen)*

Settings:

1°	70% 
	70% 
02:30	100% 
	536°F 



Settings:

1°	20% 
	80% 
01:00	100% 
	536°F 






*Steamed Asparagus (frozen)*





**Fish Papillote**






Settings:

1°	70%	
	80%	
01:30	80%	
	536°F	



Mozzarella Cheese Sticks (frozen)






Settings:

1°	70% 
	30% 
02:30	100% 
	536°F 



*Chocolate Lava Cake (refrigerated)*





















Settings:

1°	60% 
	30% 
00:40	50% 
	536°F 


















**Salmon  
En Croute**  
(refrigerated)

Settings:

1°	40% 	2°	50% 	3°	40% 	4°	10% 
	90% 		70% 		0% 		70% 
00:40	50% 	00:40	50% 	00:40	50% 	00:20	50% 
536°F 		536°F 		536°F 		536°F 	

*Roast pork  
tenderloin  
(refrigerated)*

Settings:

1°	100% 	2°	30% 	3°	100% 
	0% 		60% 		0% 
01:40	100% 	04:30	100% 	01:00	100% 
	536°F 		536°F 		536°F 



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